



Innovation • Compassion • Purpose

Dear Pool Patrons:

We are excited to offer Independent Exercise times. This letter will highlight everything that you will need to know to reserve your 45 minute time slot in the pool, CP's COVID-19 Mask Policy and what to expect when you arrive at CP.

CP MASK POLICY

Effective **March 1, 2022** masking will be optional at CP for **fully vaccinated individuals**.

INDEPENDENT EXERCISE

THINGS TO KNOW:

- Time slots must be booked online, 45 minutes in duration with a max of two per week.

TIME-SLOTS AVAILABLE: *(You must stay in your assigned pool.)*

Pool 2: Monday, Tuesday, Wednesday and Thursday

7:45am—8:30am | 8:30am—9:15am | 9:15am—10:00am

Pool 1: Monday, Tuesday, Wednesday and Thursday

8:00am—8:45am | 8:45am—9:30am (*Monday only*)

11:00am—11:45am | 11:45am—12:30pm (*Monday – Thursday*)

3:00pm—3:45pm (*not available Wednesday*)

3:45pm—4:30pm | 4:30pm—5:15pm (*Monday and Wednesday only*)

COST:

- \$8.00/45 minute Independent Exercise session.
- Payable by check or credit card at time of service. In person pre-payments on account will be accepted.
- Payments should be made in the pool office (the aquatic reception desk remains closed).
- We encourage you to pre-pay on your account (to save time).

CHECK-IN:

- Check-in/make payments in the pool office.

BOOKING INDEPENDENT EXERCISE TIMES:

- Go to: <https://schedulesplus.com/cpaqt>
- Choose green login button. Login to your account by using the phone number you provided on your membership registration form (no dashes)—Green Search Button (choose your name).
- Choose Register (Under “attend”, 2nd button).
- Click on the orange open swim button and then choose Independent Exercise, a drop down of times and dates will appear. Choose your desired dates/times--ADD.
- Your cart is to the right. Checkout. Save and proceed to Final View. Complete My Order.
- Congratulations...you are all set!

The screenshot shows the SchedulesPlus website interface. At the top, there are navigation tabs: ACTIVITIES (highlighted in dark blue), DONATE, SUBSCRIPTION, PACKAGE, and PREPAY. Below the tabs is a search bar with a 'SEARCH' button and a 'Clear' button. To the right of the search bar is a 'Sort by: Name' dropdown menu and two blue buttons with '+' and '-' symbols. Below the search bar is a large orange button labeled 'Open Swim'. At the bottom of the screenshot, there is a list item: '1) \$8.00 Independent Exercise' and a date range 'Dates: 2/1/21 - 2/18/21'.

WHAT TO EXPECT

- When arriving at the Aquatic Center, please park by the Aquatic Center door. (Blue awning).
 - Aquatic patrons who have appointments to use the pool, will be able to gain access through the first set of sliding doors.

- Once in the foyer, patrons need to use the courtesy phone to call the lifeguard on duty at extension 1215. The lifeguard will remotely open the second set of doors so you can access the building for your appointment.
- The Men's/Women's locker rooms will be available for you. (If a water wheelchair is needed, the co-ed locker rooms are available to you.)
- We highly encourage you to come swim ready.
- Please, maintain social distancing while you are at CP.
- **No exceptions to your scheduled time.**
- The hot tub is CLOSED and not available.
- The aquatic reception desk remains closed.
- You must stay in your assigned pool.
- You are required to rinse off prior to getting in the pool.
- At the conclusion of your scheduled time, enter the locker room, dress and exit the building in a timely manner.

Please, let us know if you have any questions! We are here to help you continue on your wellness journey while keeping you safe in these challenging times!

Best,

The Aquatic Pool Staff