



# Incorporating Speech Into Home Activities

Rachele Heinrich, Speech-Language Pathologist, M.A., CCC-SLP

**One of our main goals in speech therapy is to help our clients transition what they learn in therapy to the outside world.**

One area that we treat within speech therapy is articulation; the correct formation of specific speech sounds. When working on articulation, it can be easy to get stuck in the routine of word drill and flashcards, but we can help you to think outside the box! Here are a few different activities that can help make their practice both functional and fun!

## TURN-TAKING GAMES

A fun way to increase practice of specific sounds is to pick a game that incorporates your child's target speech sounds. For example; when working on the sound /p/ you can play a Pop the Pirate game. Target "put in pirate" before taking each turn and "pop" when the pirate pops! Using a game with pieces can be helpful for making the game last longer and allows you to get more trials in with their sounds! **TOMY Pop Up Pirate** | <https://amzn.to/3hRuT8b>



## USE THE WHOLE HOUSE

Always see those endless picture cards targeting your child's target sounds during speech sessions? Ask your therapist for a copy! We can provide target words specific to your child that you can use for a 'hide-and-see' game at home.

For example; if your child is working on the sound /k/, you can hide pictures around the kitchen. When they find a word they can both practice the target word and tell you it was "in the kitchen".

## INCORPORATE MOVEMENT

Sometimes sitting at a table to practice can feel more like work and it can be challenging to maintain your child's attention. Let them move! You can incorporate practice both inside and outside.

For example; if your child is practicing the sound // you can have them go on a leaf hunt around the yard outside. As they are picking their leaves they can put them into a pile and then throw them into the air practicing "throw leaves".



**Rachele Heinrich**  
Speech-Language Therapist  
M.A., CCC-SLP

**Undergraduate Degree**  
Communication Sciences & Disorders  
University of Wisconsin - Milwaukee

**Graduate Degree**  
Speech-Language Pathology  
Eastern Michigan University

**Years of Experience**  
3 years

**Specialty Interests**  
Pediatric Autism, Feeding Therapy  
and Behavioral Modification

**Philosophy**  
I believe that children achieve the greatest success when they enjoy their therapy session. I strive to create a positive environment to foster both fun and functional service to both the children and their families.

**CP Therapy Services** focuses on occupational, physical and speech-language therapy for infants, children and adults.

Our highly-regarded team of experienced therapists offer exceptional care to every client, while working closely with families and care providers to ensure each individual maximizes their potential.

**VISIT WEARECP.ORG  
OR CALL (920) 337-1122  
FOR MORE INFORMATION**